

HOW TO SPOT METH USE IN THE WORKPLACE

**KNOW
METH**
knowmethwi.org

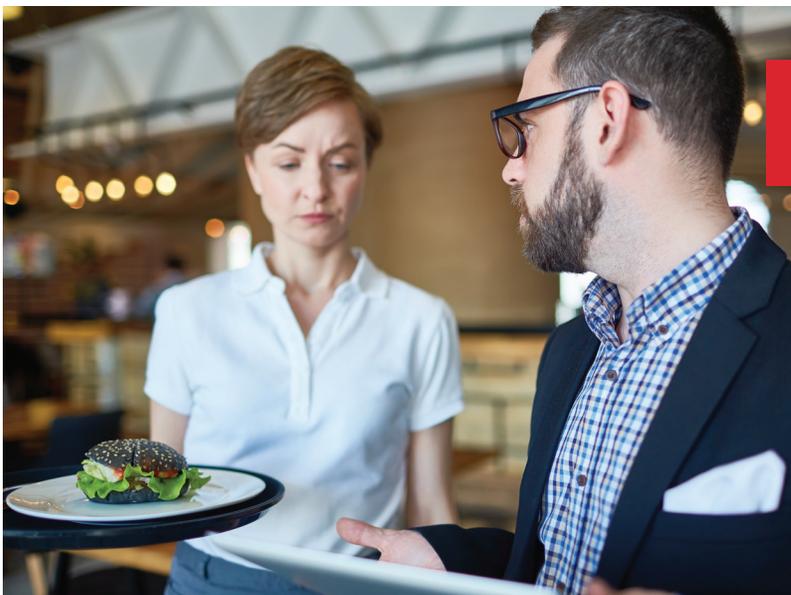


SPOTTING SIGNS OF METH USE IN THE WORKPLACE

More than 70% of all individuals who abuse substances in the USA hold down at least one job, and confidential studies have revealed that 25% of American workers between the ages of 18 and 34 will use illegal drugs at some point over the course of a year.

- Burn marks on fingers or mouth
- Constant talking
- Decreased appetite and unhealthy weight loss
- Dilated pupils even when outside or in a bright room
- Excessive sweating that is not from heat or physical activity
- Jerky, erratic movements, twitching, facial tics, animated or exaggerated mannerisms
- Obsessively picking at hair or skin
- Psychotic Behavior (i.e. paranoia, hallucinations, violence)
- Unusual or foul body odor (some may smell like ammonia)

Source: The Meth Project



HARD-HIT INDUSTRIES AND OCCUPATIONS

- Construction
- Manufacturing
- Mining
- Retail and sales
- Food services
- Certain sectors of transportation
- White collar jobs

Source: U.S. Department of Justice & U.S. Department of Labor

Learn more at:
KnowMethWi.org



LET'S NOT LIVE IN AN ALTERED STATE

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EMPLOYEES WHO ABUSE SUBSTANCES

- Miss 10 workdays for every 1 workday missed by their colleagues
- Are only about 2/3 as productive as the average worker
- Are 5 times more likely to cause accidents in the workplace that injure themselves or others
- Are 5 times more likely to ask for worker's compensation at some point
- Accrue employer-covered healthcare costs that are 3 times higher than the average employee
- Play a role in 40% of all industrial on-the-job fatalities



THE ROLE OF A SUPPORTIVE WORKPLACE ENVIRONMENT

- Employers should allow leave of absences for a person to seek help
- Employers should have a written drug and alcohol policy in place
- Policies should be supportive rather than threatening
- SAMHSA Treatment Services Locator
1-800-622-HELP (4357)
www.findtreatment.samhsa.gov
- To find recovery resources in your area:
www.recovery.org
- Visit: www.knowmethwi.org

When employers are supportive, not only will it make a person more likely to come forward, but it will also make co-workers feel more comfortable getting involved if they know their friend and colleague will not be facing automatic termination if the truth is revealed.

Source: <https://www.promises.com/articles/addiction-intervention/employees-substance-abuse-problems/>

THE GOALS OF KNOW METH ARE TO:

- Raise awareness of methamphetamine use in Wisconsin
- Communicate the risks and dangers of use
- Get Wisconsin residents to take action

Marshfield Clinic Health System, Northwoods Coalition, and Alliance for Wisconsin Youth in partnership with the Wisconsin Department of Justice are committed to preventing and reducing methamphetamine use in Wisconsin through KNOW METH. Together we can help prevent methamphetamine use and addiction.

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